



UNIVERSITY
of MARY

Graduate Counseling

Graduate Counseling Program Program Objectives

Graduates of the University of Mary Graduate Counseling Program are committed to Lifelong Scholarship and Learning.

- Graduates demonstrate knowledge of the eight core CACREP areas and concentration specialty area(s) of a competent professional counselor while acknowledging the need for continued education and professional growth.
- Graduates examine multiple perspectives to synthesize information in an action-reflection process when working with clients/students to assist in the counseling setting.
- Graduates conduct research or evidence-based practice to develop degree-appropriate knowledge of scholarship.

Graduates of the University of Mary Graduate Counseling Program are committed to Growth.

- Graduates measure and increase knowledge of self through feedback, self-examination, and collaboration with peers, instructors, clients/students, professionals, and supervisors.
- Graduates are committed to health, wellness, and utilization of self-care and coping strategies.
- Graduates calmly illustrate responsibility, grit, and self-motivation to increase thriving of self and the community.

Graduates of the University of Mary Graduate Counseling Program are committed to Service.

- Graduates will demonstrate the Benedictine value of service to the community, the University, and within the counseling profession.
- Graduates will identify and engage in advocacy, from micro to macro level, within the counseling profession and their community for the betterment of their clients/students.
- Graduates will engage in communal thinking through ongoing scholarship, advocacy, and social justice practice.

Graduates of the University of Mary Graduate Counseling Program are committed to Respect for All Persons.

- Graduates will endeavor towards fostering and maintaining positive, respectful relationships with their clients/students, community, family and friends.
- Graduates will understand and honor the power of relationship within counseling and engage in healthy relationships beginning with respect for all persons.
- Graduates will have an understanding of their own beliefs toward all persons demonstrating knowledge and skill in working with people from diverse backgrounds.

Graduates of the University of Mary Graduate Counseling Program are committed to Professional Practice.

- Graduates are servant leaders committed to excellence in their professions and communities. Graduates will achieve professional distinction by utilizing evidence-based and culturally competent counseling practice.
- Graduates clarify, support, or defend what is right and true, whether reached by faith or reason, when confronted by opposing actions or viewpoints in order to serve an understanding of the truth and to promote a culture of human dignity, justice, and virtue.
 - Graduates will exemplify moral courage by applying applicable counseling codes of ethics, Benedictine values, and legal standards, in ethical decision making.
- Graduates demonstrate excellence in communication.
 - Graduates will demonstrate higher level communication skills through speaking, writing, listening, and engaging in professional and collaborative interactions with all persons (e.g., clients/students, classmates, supervisors, instructors).